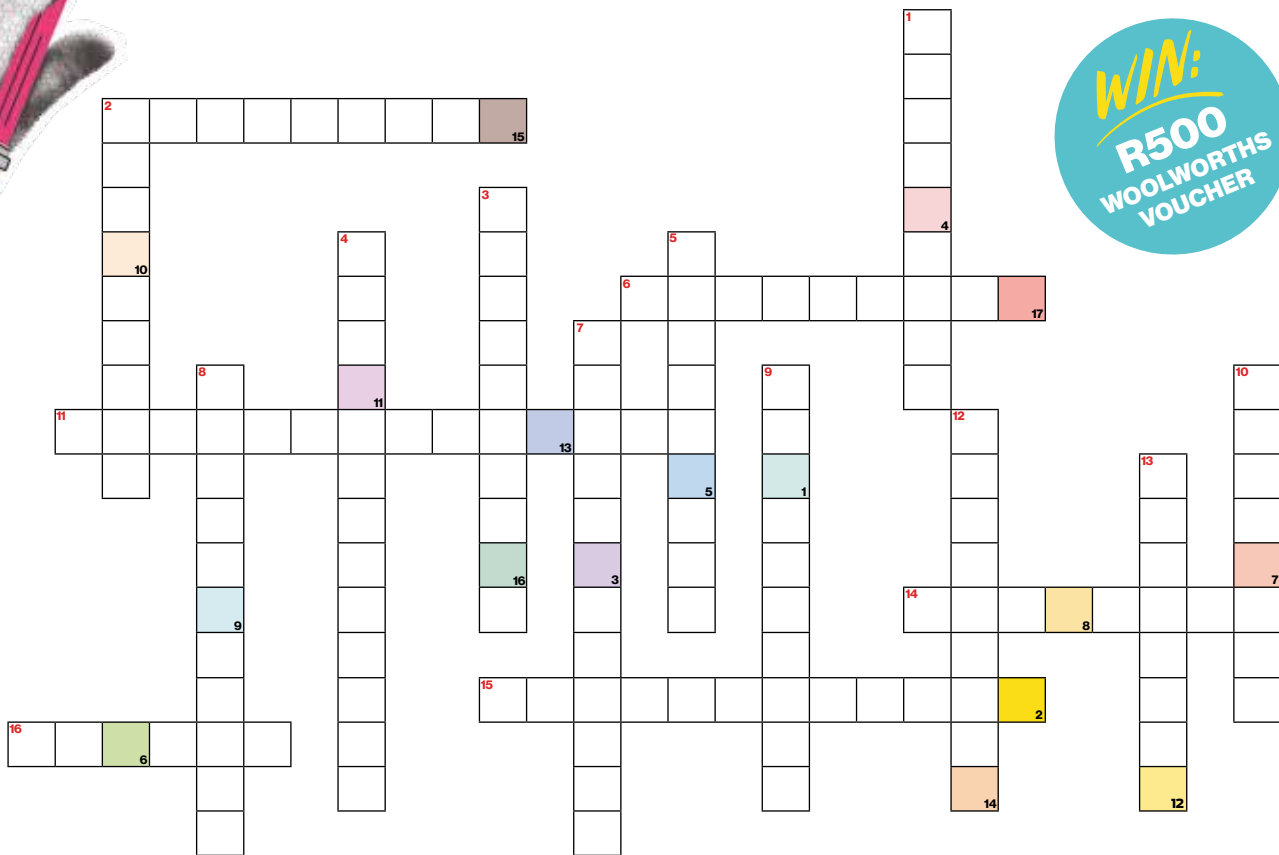


# CROSSWORD #65



**TO ENTER**

Use the letters in the highlighted blocks to find the final answer for this month's crossword puzzle. Email the answer with your **name, surname, and cell phone number** to [PharmacyMagazine@newmedia.co.za](mailto:PharmacyMagazine@newmedia.co.za). Competition closes 20 August 2024. Winners will be contacted directly. Visit [www.pharmacymagazine.co.za](http://www.pharmacymagazine.co.za) for full terms and conditions.



**ACROSS**

- 2. Acne vulgaris is a common, chronic skin disease that often requires \_\_\_\_\_ treatment. (PAGE 25)
- 6. Wound healing is a complex and dynamic process critical to restoring the \_\_\_\_\_ of the skin and underlying tissues after injury. (PAGE 15)
- 11. Probiotics are live \_\_\_\_\_, known as 'good bacteria', naturally found in the intestines. (PAGE 11)
- 14. Entiro Probiotic is a range of probiotic supplements that helps the good \_\_\_\_\_ keep a healthy balance in the gut. (PAGE 10)
- 15. Caused primarily by \_\_\_\_\_, the common cold is self-limiting, lasting 7-10 days. (PAGE 21)
- 16. Fermented foods like sauerkraut, kimchi, kombucha, and Greek yogurt contain live microorganisms that enhance gut \_\_\_\_\_. (PAGE 11)

**DOWN**

- 1. E45 gets to work instantly to help \_\_\_\_\_ dry skin. (PAGE 16)
- 2. 2.9% of the SA population is estimated to suffer from \_\_\_\_\_. (PAGE 23)
- 3. A herbal demulcent, marshmallow root extract is traditionally used for oral

- or \_\_\_\_\_ irritation and associated dry cough. (PAGE 13)
- 4. Influenced by \_\_\_\_\_ factors, winter can be a particularly challenging season for many patients suffering from eczema. (PAGE 17)
- 5. Ferrous Forte Somal contains the smallest \_\_\_\_\_ iron particles with 99% bioavailability and no expected digestive system side effects. (PAGE 5)
- 7. A study found that in winter 2023-2024, the risk of death in patients \_\_\_\_\_ for Covid-19 was greater than the risk of death in patients hospitalised for seasonal influenza. (PAGE 4)
- 8. \_\_\_\_\_ Nite reduces the urge to cough and helps promote sleep. (PAGE 12)
- 9. Elastoplast boasts advanced waterproof \_\_\_\_\_ for up to 2x faster healing. (PAGE 14)
- 10. Studies have shown that zinc lotions can assist with mild to \_\_\_\_\_ acne. (PAGE 24)
- 12. SA has one of the highest rates of childhood asthma in Africa, and \_\_\_\_\_ are experiencing more severe asthma symptoms than ever before. (PAGE 9)
- 13. Many patients fail to meet the recommended daily \_\_\_\_\_ intake. (PAGE 19)



To enter scan QRcode

*Congratulations*

**CROSSWORD #63 WINNER**

**THABANG MAJA**



# CROSSWORD #64

1 F 2 L 3 U 4 S 5 E 6 A 7 S 8 O 9 N 10 I 11 S 12 H 13 E 14 R 15 E

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